



## Cox HealthPlans wants to help you!

Welcome to Cox HealthPlans. We are privileged to partner with you for your health care needs. To help you with your personal health needs we have a team of Registered Nurses who would be able to help you coordinate your care within the Cox HealthPlans network. If you or your insured dependents have one of the following conditions, please consider letting us help you coordinate your health needs:

- Serious ongoing condition
- Complex health needs with multiple conditions
- Low back pain on a daily basis
- Serious operation in near future
- Need of lowering your out of pocket cost for cholesterol medicine
- High risk pregnancy

Our Case Management nurses are available to assist you and your doctor in obtaining needed medical services, providing the highest of quality of care with the lowest possible out of pocket cost. If you would like one of our Case Management nurses to contact you, please complete the information below. **Case Management services are provided at no cost!**

You can send this form to us via fax (417) 269-2919, call Member Services at (417) 269-2900 or (800) 205-7665 or mail to the address below. We look forward to helping you!

Julie Dawson, RN, BSN  
Cox HealthPlans

---

**Your Name:** \_\_\_\_\_

**Most convenient way to reach you by phone between 8:00 a.m. - 5:00 p.m.:**

**Home:** \_\_\_\_\_ **Cell:** \_\_\_\_\_ **Work:** \_\_\_\_\_

**E-mail** \_\_\_\_\_

**Please check all that apply:**

- I would like a Case Manager to help me or one of my dependents with one of the items above.
- I would like a nurse Case Manager to help me with \_\_\_\_\_
- I have had over **three** hospitalizations in the last year.
- I have had over **three** Emergency Room visits in the last year.
- I would like information about lower out of pocket costs for cholesterol-lowering medication.
- Other \_\_\_\_\_